



## Checklist: Type 1 Diabetes 504 Plan Accommodations

### Permission to...

- Eat/drink anywhere/anytime
- Extended lunch if needed
- Carry supplies anywhere/anytime
- Go to the restroom as needed
- Self-manage (age/skill appropriate)
  - Pending (3) approvals - 1) Dr. 2) Parent 3) Nurse
  - Check the Self-management box on Doctor's orders!

### Allow for...

- Extra absences/medical appointments/sick days
- Alternate arrangements for missed class time for diabetes management
- Alternate or delayed academic testing if BG not within range
  - Choose **individualized** range: 80-180 example  
*"If you are forced to take a test when suffering from Hyperglycemia or hypoglycemia, this test might measure your disability rather than accurately measure your mastery of the material or your aptitude, and thus violate the ADA and Section 504."* (Reference ADA)

### Emergency Plans

- Lock down procedure
  - School Plan
  - Student Plan
    - Extra Snacks/Supplies in Classrooms
    - Extra Snacks/Supplies on Student

**T1TG Tool: "T1D 504 Accommodations"** available @ [www.Type1ToGo.com](http://www.Type1ToGo.com)



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Always consult your doctor for medical advice.

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### Testing and Homework

- Standardized Testing Plan
  - Choose Best BG range: 80-180 example
  - Devices needed – pump, meter, CGM, share devices
  - Separate testing room - if preferred
  - Extended time - if preferred
  - Extended breaks – if preferred
  - Food and eating permitted
- Major Tests and End of Course Exams
  - Optimum BG range for testing
  - Options to delay testing if needed due to BG
  - Determine who manages this – teacher or student
- Extensions for completion of work with doctor’s note
  - Permission to delay homework due to diabetes management at home

### Share Devices

- Permission to carry cell phone/CGM/watches
  - Include in Doctor’s written instructions\*
  - Use of school WiFi
    - See wording option below:  
*"Cell phone to be kept on the child and charged at all times, including on field trips, and used for remote CGM monitoring, texting and/or calling of guardians with glucose readings, insulin pump troubleshooting, and for dosing advice. Student understands the cell phone will not be used for social or entertainment purposes during class time. Cell phone may never be taken from student. Student to have access to school WiFi networks and outlets for charging purposes as needed."*  
 (Reference JDRF)

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## Checklist: Type 1 Diabetes 504 Plan Accommodations

### Transportation Plan

- Address bus driver training
- Emergency instructions/supplies

### School Activities during non-school hours/off-campus

- Allowed to participate in all sports, clubs & activities
- Training of staff for non-school hour/off campus events
- Allowed to participate in Field Trips
  - Plan ahead to allow for training staff\*
    - Parents are NOT required to go
  - Ask for list of off-campus events for student
  - If you plan to go, notify the school in advance
    - Limited space may be an issue
  - Overnight trips - Same sex parent preferred
- Extracurricular/Sports**
  - Write an **Activity Plan** for T1D student
    - Share **Activity Plan** with 504 Coordinator & Nurse
  - Communicate plan with the school
  - Identify people to train
    - Coaches, Directors, Trainers, Staff
    - Training options: Parent or nurse
  - Extra supplies kit
    - Cooler for drinks, snacks
    - Standard backup diabetes supplies (Glucagon)

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