



Checklist: T1D Freshman Orientation

Disability Registration

Pre-schedule appointment

- Bring High School 504 Plan
- Bring current Doctor's Note
- Additional forms required by college
 - Ask what is needed before visit
- FERPA** release form – sign or obtain

Student Health Services

- Check it out **BEFORE** you need it!
- Make contact with Center Director or Head Nurse
- Obtain paperwork (if not online) to create account
 - Pre-fill out with your student
 - Provide your own Medical Background Sheet
 - Previous & Existing Doctor Contact Info
 - List of medications
 - Family History
 - List of emergency contacts
- Make appointment for student*
 - *May not be able to be done till the first week of school

Meet your General Practice Doctor (if chosen)

Pre-schedule an appointment

- Obtain paperwork (if not online) to create account
 - Pre-fill out with your student
 - Provide your own Medical Background Sheet
 - Previous/Existing Doctor Contact Info
 - List of medications
 - Family History
 - List of emergency contacts

Pharmacy

- Identify preferred pharmacy
 - Set up account if needed



T1TG Tool: "Freshman Orientation" available @ www.Type1ToGo.com

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Always consult your doctor for medical advice.

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