



Checklist: Senior Year College Preparation

Doctor Visits

Schedule summer appointments

Consider early August departure

- Endocrinologist
- Physical Exam
- Dentist
- Eye Doctor
- Flu Shot

Prescriptions

Consider early August departure

- Get refills early
- Start stocking up
 - Note departure date deadline
 - Long term stock
 - 6 -9 month supply vs. shipping
- Date supplies
 - Sort by expiration date
- Back up supplies
 - Insulin Pens
 - Needles for pens
- RX for Nausea/Vomiting
 - Zofran
- Ketone Strips
 - Blood strips
 - Better for dorm living
 - Urine strips
 - Check expiration dates



T1TG Tool: "Senior Year Prep" available @ www.Type1ToGo.com

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Always consult your doctor for medical advice.

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