



Anne Imber is a Type 1 Diabetes advocate, blogger and mom to a T1 College student. She is the Founder of **Type 1 To Go Teen**, a Type 1 Diabetes educational seminar and website (www.Type1Togo.com) for the non-medical issues Type 1 teens and their families face in Middle School and High School. Focused on school advocacy, Anne is also the Co-Founder of **Cy Fair Type One Connection**. Cy Fair Type One represents Type 1 Diabetic students in Cy Fair ISD, a school district of 85 campuses and 116,000 students.

Anne's passion for Type 1 Diabetes advocacy started in 2009 when her son Tristan was diagnosed at the age of 12. Anne supports various non-profit support groups for Type 1 Diabetics through speaking, volunteering and community events.

Anne has spoken at various JDRF's TypeOneNation events in Texas, ADA Camps, T1 support groups and Texas Children's Hospital in Houston, Texas.

Listed below are the topics she customizes for her audiences.

504 Plans – Creating purposeful plans and adapting the plan for K-12th. Understanding your T1's rights and collaborating with your school.

Type 1 Teens – Preparing for College, The High School Years: All of the Non-Medical Issues. Middle School Years including Extracurricular Activities, Driving, ACT/SAT and Post-secondary issues.

Type 1 Diabetes School Advocacy

Preparing for Kindergarten

Parenting a T1 Teen to prepare for Independence