



## PSAT/SAT/NMSQT/AP Accommodations for Type 1 Diabetic Students

### Tests administered by the College Board

- ❑ **Submit your request through your school**
  - ❑ Counselor or SSD coordinator makes request directly to College Board
  - ❑ Parents sign [Consent Form for Accommodations Request](#)
  - ❑ Allow at least seven weeks for approval
    - ❑ Review [Calendar of Test Dates/Submittal Deadlines](#)
  - ❑ Only one approval needed – approval remains in system
    - ❑ Applies to **SAT/PSAT10/NMQST/AP**
    - ❑ [Changes to accommodations](#) can be requested if needed
  - ❑ **PSAT 8/9**: Approval made directly at school level
  
- ❑ **Follow up with school on request for accommodations**
  - ❑ Verify accommodations are correct
  - ❑ Do not wait until test date to verify accommodations
  
- ❑ **Document the disability**
  - ❑ Review [College Board's Criteria of Documentation](#)
    - ❑ Provide your school with appropriate documentation
    - ❑ Allow extra time to gather documentation materials
      - ❑ Accommodation process starts only with all materials
    - ❑ For Type 1 Diabetes, review [Physical/Medical Disabilities](#)
  - ❑ Approved automatically – existing 504 Plans for T1Ds\*  
*A 504 Plan documentation process through a school meets the College Board's criteria for documentation of a disability therefore no additional disability documentation is required.*  
*\*A school must still request accommodations for tests through the College Board. A 504 Plan simply speeds up the process.*

**T1TG Tool: "College Board Accommodations"** available @ [www.Type1ToGo.com](http://www.Type1ToGo.com)



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Always consult your doctor for medical advice. Contact College Board for verification.

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- ❑ **Document the requested accommodations**
  - ❑ Most common accommodations for Type 1 Diabetes
    - ❑ **Extra & Extended Breaks**  
Clock stops & allows breaks as needed to:
      - ❑ Check blood sugar
      - ❑ Take medication
      - ❑ Rest – allow BGs to stabilize
      - ❑ Use the restroom
    - ❑ **Additional accommodations**  
Permission to:
      - ❑ Eat/Drink
      - ❑ Bring in snacks/drinks
      - ❑ Medical devices including:
        - ❑ Pumps/CGMs/phones/watches/share devices
      - ❑ Medical devices to remain with 10-20 feet
        - ❑ Note: Test proctor will keep share devices during testing, request seating nearby.
    - ❑ **More accommodations if needed** (*may be tested offsite*)
      - ❑ Small group setting
      - ❑ Private room
      - ❑ Preferential seating
      - ❑ Alternative test site (with proctor present)
  - ❑ **Specify details of all accommodations needed**
- ❑ **After the College Board has approved accommodations**
  - ❑ Register for SAT & Sat Subject tests
    - ❑ **Use SSD eligibility code to register**
  - ❑ **AP Exams, PSAT, NMSQT**
    - ❑ Tell school of student's plan to test with accommodations
    - ❑ Prior to test: Verify accommodations with school
- ❑ **Test Day**
  - ❑ Bring Eligibility Letter from College Board to every test!

**Always consult with your school counselor/SSD coordinator  
for advice on the accommodations process.  
Reference for resource: [www.collegeboard.org](http://www.collegeboard.org)**

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