



Checklist: Senior Year College Preparation

☐ Doctor Visits

☐ Schedule summer appointments

Consider early August departure

- ☐ Endocrinologist
- ☐ Physical Exam
- ☐ Dentist
- ☐ Eye Doctor
- ☐ Flu Shot

☐ Prescriptions

Consider early August departure

- ☐ Get refills early
- ☐ Start stocking up
 - ☐ Note departure date deadline
 - ☐ Long term stock
 - ☐ 6 -9 month supply vs. shipping
- ☐ Date supplies
 - ☐ Sort by expiration date
- ☐ Back up supplies
 - ☐ Insulin Pens
 - ☐ Needles for pens
- ☐ RX for Nausea/Vomiting
 - ☐ Zofran
- ☐ Ketone Strips
 - ☐ Blood strips
 - ☐ Better for dorm living
 - ☐ Urine strips
 - ☐ Check expiration dates



T1TG Tool: "Senior Year Prep" available @ www.Type1ToGo.com

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Always consult your doctor for medical advice.

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